

WAX RECOMMENDATION TOKO®

Midwest Divisional Jr. National Qualifier

Mt. Itasca, Coleraine, MN

Sunday, January 23

10 A.M.

7.5K, Classic, Mass starts

<https://mtitascanordic.wixsite.com/cxc-cup>

Forecast/Conditions: Saturday evening low of -10F rising to -6F at the start. Expect delays as the temperature is forecast to rise into the low single digits F. The wind will be slight and wind-blown snow should not be a problem. Expect a well-maintained course, but cold slow snow.

Glidewax: Apply High Performance Blue Hot Wax, sprinkle on X-cold Powder, iron in together, scrape and brush. Spray High Performance Blue Liquid Paraffin on the polishing side of a Thermo Cork and wipe over the glide zone, let stand overnight, then polish with the Polishing Brush Liquid Paraffin. If you do not have LP spray, after scraping and brushing a layer of BP Blue Hot Wax, apply HP Blue Hot Wax, sprinkle on X-cold Powder, iron in together, scrape and brush.

Gripwax: Roughen base with 150 grit sandpaper, iron in Nordic Base Wax Green, cork smooth, let cool. Then apply additional layers of Nordic GripWax Blue, corking between layers. Early racers will likely want to cover the Blue with Nordic GripWax X-Cold.

Structure: A fine structure covered by one pass with the Blue Structurite tool after scraping and brushing HP Hot Wax or before spraying HP LP will best suit these conditions.

Created by Gerald Slater, Toko Tech Team member since 2006. grslater@comcast.net

Racing - Service

Check the [Wax Tips](#) page at TokoUS.com before all of your races for the latest waxing information. Toko Race Wax Tips offer racers precise waxing advice on how to make skis perform optimally for a given event. If you do not have High Performance wax, substitute Performance or Base Performance wax of the same color (Yellow, Red or Blue), as the temperature ranges are the same. All Race Wax Tips recommend ONLY fluorine-free products. Older HP or P Toko waxes (Liquid or Hot Wax) contain fluorine. New labels look very similar but all say PFC Free. To see optimal application procedures for both Glidewax and Gripwax, go to the [How To](#) link at TokoUS.com.