

# WAX RECOMMENDATION **TOKO**<sup>®</sup>

## Midwest CXC Cup at Mt. Itasca - JNQ

Mt. Itasca, Coleraine, MN

Saturday, January 22

10 A.M.

10K/5K, Freestyle, Interval starts

5K course

<https://mtitascanordic.wixsite.com/cxc-cup>

**Forecast/Conditions:** A 75 percent chance of light snow Friday evening in windy conditions with a forecast low of zero F. Temperature at start of 1F with winds of 10 mph gusting to 20 mph. Expect a hard-packed meticulously maintained course, where the wind-blown snow will be tilled into the base.

**Glidewax:** Apply High Performance Blue Hot Wax, sprinkle on X-cold Powder, iron in together, scrape and brush. Spray High Performance Blue Liquid Paraffin on the polishing side of a Thermo Cork and wipe over the glide zone, let stand overnight, then polish with the Polishing Brush Liquid Paraffin. If you do not have LP spray, after scraping and brushing a layer of BP Blue Hot Wax, apply HP Blue Hot Wax, sprinkle on X-cold Powder, iron in together, scrape and brush. See [TokoUS.com videos](#) for instructions on applying X-Cold Powder with Blue Hot Wax.

**Structure:** A fine structure covered by one pass with the Blue Structurite tool after scraping and brushing HP Hot Wax or before spraying HP LP will best suit these conditions.

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Check the [Wax Tips](#) page at [TokoUS.com](#) before all of your races for the latest waxing information. Toko Race Wax Tips offer racers precise waxing advice on how to make skis perform optimally for a given event. If you do not have High Performance wax, substitute Performance or Base Performance wax of the same color (Yellow, Red or Blue), as the temperature ranges are the same. All Race Wax Tips recommend ONLY fluorine-free products. Older HP or P Toko waxes (Liquid or Hot Wax) contain fluorine. New labels look very similar but all say PFC Free. To see optimal application procedures for both Glidewax and Gripwax, go to the [How To](#) link at [TokoUS.com](#).

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