

# WAX RECOMMENDATION **TOKO**<sup>®</sup>

## **Buena Vista Snowjourn**

Buena Vista Ski Trail, Bemidji, MN

Saturday, January 15

10 A.M. Race start

12K, Skate and Classic

See website for start time details:

<https://bemidjicrosscountryski.org/>

**Forecast/Conditions:** Trail conditions should be great with the new snow last week, and a 50 percent chance on snow on Friday before the race. Friday night's low is expected around -6F. Expect race time temperature in the low-single digits, with mostly sunny skies.

**Glidewax:** Apply High Performance Blue Hot Wax, sprinkle on X-Cold Powder, iron in together, scrape and brush. Then spray on High Performance Blue Liquid Paraffin, let stand overnight, then polish with the Polishing Brush Liquid Paraffin. If you do not have LP spray, apply BP Blue Hot Wax, scrape and brush before applying the HP Blue Hot Wax/X-Cold Powder Mix.

**Gripwax:** Roughen base with 150 grit sandpaper, iron in Nordic Base Wax Green, cork smooth, let cool. Then apply several layers of Nordic GripWax Blue, corking between layers.

**Structure:** A fine structure covered by one pass with the Blue Structurite tool after scraping and brushing HP Hot Wax or before spraying HP LP will best suit these conditions.

Created by Mike Lundeen, Toko Tech Team member since 2004. [mikelundeensales@gmail.com](mailto:mikelundeensales@gmail.com)

Check the [Wax Tips](#) page at [TokoUS.com](http://TokoUS.com) before all of your races for the latest waxing information. Toko Race Wax Tips offer racers precise waxing advice on how to make skis perform optimally for a given event. If you do not have High Performance wax, substitute Performance or Base Performance wax of the same color (Yellow, Red or Blue), as the temperature ranges are the same. All Race Wax Tips recommend ONLY fluorine-free products. Older HP or P Toko waxes (Liquid or Hot Wax) contain fluorine. New labels look very similar but all say PFC Free. To see optimal application procedures for both Glidewax and Gripwax, go to the [How To](#) link at [TokoUS.com](http://TokoUS.com).

**Racing - Service**