

Besh Cup #3 Freestyle Sprint

Tsalteshi Trails, Soldotna, AK Saturday, January 15 10 A.M. Qualifications, 12:30 P.M. Heats 1.2K, Free technique, Mass start https://www.crosscountryalaska.org/besh-3-4-details

Forecast/Conditions: Overnight low of 25 with a 30 percent chance of mixed rain/snow. Saturday has a 50 percent chance of snow before 3 P.M. Mostly cloudy, with a high near 31. Clean base of mixed rain/snow from previous days, well groomed.

<u>Glidewax:</u> Apply High Performance Red Hot Wax, scrape and brush. Spray on HP LP Yellow, let stand overnight, then polish with the Polishing Brush Liquid Paraffin. If you do not have LP spray, after scraping and brushing BP Red Hot Wax, apply HP Yellow Hot Wax, scrape and brush. If the course becomes wet, HP LP Yellow can be applied right before the start and between heats. Brush the ski out (clean the dirt off), spray Yellow on and go. Put the wet skis down in the snow. They are super hydrophobic like this, although of course the wax is not durable.

Gripwax: N/A

<u>Structure</u>: A wet to universal structure covered by one pass with the Yellow Structurite. This is after scraping and brushing HP Hot Wax or before spraying HP LP.

application procedures for both Glidewax and Gripwax, go to the <u>How To</u> link at <u>TokoUS.com</u>.

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Check the <u>Wax Tips</u> page at <u>TokoUS.com</u> before all of your races for the latest waxing information. Toko Race Wax Tips offer racers precise waxing advice on how to make skis perform optimally for a given event. If you do not have High Performance wax, substitute Performance or Base Performance wax of the same color (Yellow, Red or Blue), as the temperature ranges are the same. All Race Wax Tips recommend ONLY fluorine-free products. Older HP or P Toko waxes (Liquid or Hot Wax) contain fluorine. New labels look very similar but all say PFC Free. To see optimal

Service

