

WAX RECOMMENDATION



ABC's Invitational Relays

Vasaloppet Center, Mora, MN

Saturday, January 15

10 A.M. Boys, 11:30 A.M. Girls

4x3K relays - 2 Classic and 2 Skate skiers/team

Mass start

www.skinnyski.com/racing/highschool/2022/abc01-10b.pdf

Forecast/Conditions: Snow is likely beginning at noon on Friday, about an inch to be groomed into the existing mix of manmade and natural. Friday overnight low of -2F, warming to 3F by the start and 10F by the last race. Mostly sunny and calm. As usual for Mora, expect excellent conditions.

Glidewax: Apply High Performance Blue Hot Wax, sprinkle on X-cold Powder, iron in together, scrape and brush. Spray on High Performance Blue Liquid Paraffin, let stand overnight, then polish with the Polishing Brush Liquid Paraffin. If you do not have LP spray, after scraping and brushing BP Blue Hot Wax, apply HP Blue Hot Wax, sprinkle on X-cold Powder, iron in together, scrape and brush. See TokoUS.com videos for instructions on applying X-Cold Powder with Blue Hot Wax.

Gripwax: Roughen base with 150 grit sandpaper, iron in Nordic Base Wax Green, cork smooth, let cool. Then apply additional layers of Nordic GripWax Blue, corking between layers.

Structure: A fine or universal structure covered by one pass with the Blue Structurite tool after scraping and brushing HP Hot Wax or before spraying HP LP will suit these conditions.

Created by Gerald Slater, Toko Tech Team member since 2006. grslater@comcast.net

Racing - Service

Check the Wax Tips page at TokoUS.com before all of your races for the latest waxing information. Toko Race Wax Tips offer racers precise waxing advice on how to make skis perform optimally for a given event. If you do not have High Performance wax, substitute Performance or Base Performance wax of the same color (Yellow, Red or Blue), as the temperature ranges are the same. All Race Wax Tips recommend ONLY fluorine-free products. Older HP or P Toko waxes (Liquid or Hot Wax) contain fluorine. New labels look very similar but all say PFC Free. To see optimal application procedures for both Glidewax and Gripwax, go to the How To link at TokoUS.com.