

WAX RECOMMENDATION

TOKO[®]

Lapham Loppet

Lapham Peak State Park, Delafield, WI

Saturday, January 15

9:30 A.M. Middle School 3K, 10:30 A.M. Lapham Loppet

11K, Freestyle & Classic

Wave starts, Multiple laps

<https://laphampeakfriends.org/skiing/#loppet>

Forecast/Conditions: Friday night low in the mid- to high teens, race time temperature around 20 with cloudy skies. Expect the trail and tracks to be a mix of transformed manmade and natural snow that is firm with icy spots that will become sugary with traffic.

Glidewax: Apply High Performance Blue Hot Wax, scrape and brush. Spray on High Performance Red Liquid Paraffin, let stand overnight, then polish with the Polishing Brush Liquid Paraffin. If you do not have LP spray, after scraping and brushing BP Blue Hot Wax, apply HP Red Hot Wax, scrape and brush.

Gripwax: Roughen base with 150 grit sandpaper, iron in Nordic Base Wax Green short (in klister zone), cork smooth, let cool. Then create a pyramid of [multiple thick layers of Base Wax Green](#), corking between each layer. Stay short, not beyond klister zone. Finish by covering with a very thin layer of GripWax Blue, corking lightly. If using skin skis, treat skins with Eco Skin Proof. For best performance, apply Eco Skin Proof the day before the event.

Structure: A fine structure covered by one pass with the Red Structurite tool after scraping and brushing HP Hot Wax or before spraying HP LP will best suit these conditions.

Created by Ben Lund, Toko Tech Team member since 2000.

Racing - Service

Check the [Wax Tips](#) page at TokoUS.com before all of your races for the latest waxing information. Toko Race Wax Tips offer racers precise waxing advice on how to make skis perform optimally for a given event. If you do not have High Performance wax, substitute Performance or Base Performance wax of the same color (Yellow, Red or Blue), as the temperature ranges are the same. All Race Wax Tips recommend ONLY fluorine-free products. Older HP or P Toko waxes (Liquid or Hot Wax) contain fluorine. New labels look very similar but all say PFC Free. To see optimal application procedures for both Glidewax and Gripwax, go to the [How To](#) link at TokoUS.com.