

WAX RECOMMENDATION **TOKO**[®]

Roy Varney Eastern Cup

Quarry Rd Trails, Waterville, ME

Saturday, December 18

10 A.M. Qualifier, Noon Heats

1.3K, Skate

Interval start

1 loop

<http://quarryroad.org>

Forecast/Conditions: Friday night low of 25 with cloudy skies. Possible snow showers in the afternoon on Saturday. Manmade snow.

Glidewax: Apply High Performance Blue Hot Wax, scrape and brush. Spray on High Performance Red Liquid Paraffin, let stand overnight, then polish with the Polishing Brush Liquid Paraffin. If you do not have LP spray, after scraping and brushing BP Blue Hot Wax, apply HP Red Hot Wax, scrape and brush.

Gripwax: N/A

Structure: A universal structure covered by one full-length pass with the Blue Structurite tool and one pass of the Red Structurite tool just on the tails after scraping and brushing HP Hot Wax or before spraying HP LP will best suit these conditions.

Created by Rob Bradlee, Toko Tech Team member since 1999. rob@freedomtrailnordic.com

Check the [Wax Tips](#) page at TokoUS.com before all of your races for the latest waxing information. Toko Race Wax Tips offer racers precise waxing advice on how to make skis perform optimally for a given event. If you do not have High Performance wax, substitute Performance or Base Performance wax of the same color (Yellow, Red or Blue), as the temperature ranges are the same. All Race Wax Tips recommend ONLY fluorine-free products. Older HP or P Toko waxes (Liquid or Hot Wax) contain fluorine. New labels look very similar but all say PFC Free. To see optimal application procedures for both Glidewax and Gripwax, go to the [How To](#) link at TokoUS.com.

Racing - Service