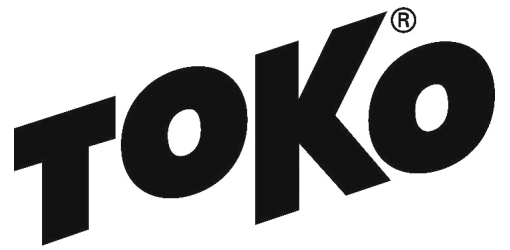


WAX RECOMMENDATION



Ski Rodeo

Liberty Bell High School, Winthrop, WA

Wednesday, December 29

10 A.M. 10K scheduled race start

10K, 5K, 2.5K, 1.4K, Free technique

Wave start

10K is 2 laps

<http://methowvalleynordic.com/event/rodeo>

Forecast/Conditions: Overnight low of -6F, temperature forecasted to rise to 10F by race completion. Dry and cold, relatively thin snowpack of primarily untransformed snow.

Glidewax: Apply High Performance Blue Hot Wax, scrape and brush. Spray on High Performance Blue Liquid Paraffin, let stand overnight, then polish with the Polishing Brush Liquid Paraffin. If you do not have LP spray, apply HP Blue Hot Wax, scrape and brush.

Gripwax: NA

Structure: A fine or universal structure covered by one pass with the Blue Structurite tool after scraping and brushing HP Hot Wax or before spraying HP LP will best suit these conditions.

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Check the [Wax Tips](#) page at TokoUS.com before all of your races for the latest waxing information. Toko Race Wax Tips offer racers precise waxing advice on how to make skis perform optimally for a given event. If you do not have High Performance wax, substitute Performance or Base Performance wax of the same color (Yellow, Red or Blue), as the temperature ranges are the same. All Race Wax Tips recommend ONLY fluorine-free products. Older HP or P Toko waxes (Liquid or Hot Wax) contain fluorine. New labels look very similar but all say PFC Free. To see optimal application procedures for both Glidewax and Gripwax, go to the [How To](#) link at TokoUS.com.

Racing - Service