

# WAX RECOMMENDATION



## Quarry Road Opener

Quarry Road Trails, Waterville, ME

Sunday, December 5

10 A.M.

7K, Skate

Interval start in groups of 20

10 laps of a 0.75K loop

<https://quarryroad.org>

**Forecast/Conditions:** Overnight low of 17 warming to 28 at start. Partly cloudy. Manmade snow. Note warm-up on foot. Skiing during race only.

**Glidewax:** Apply Base Performance Blue Hot Wax, scrape and brush. Spray on BP Blue Liquid Paraffin, let stand overnight, then polish with the Polishing Brush Liquid Paraffin. If you do not have LP spray, after scraping and brushing BP Blue Hot Wax, apply BP Blue Hot Wax, scrape and brush. Fluoros not allowed at this race.

**Gripwax:** N/A

**Structure:** A fine structure covered by one pass with the Blue Structurite tool after scraping and brushing BP Hot Wax or before spraying BP LP will best suit these conditions.

**Racing - Service**

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Check the [Wax Tips](#) page at [TokoUS.com](http://TokoUS.com) before all of your races for the latest waxing information. Toko Race Wax Tips offer racers precise waxing advice on how to make skis perform optimally for a given event. If you do not have High Performance wax, substitute Performance or Base Performance wax of the same color (Yellow, Red or Blue), as the temperature ranges are the same. All Race Wax Tips recommend ONLY fluorine-free products. Older HP or P Toko waxes (Liquid or Hot Wax) contain fluorine. New labels look very similar but all say PFC Free. To see optimal application procedures for both Glidewax and Gripwax, go to the [How To](#) link at [TokoUS.com](http://TokoUS.com).