

WAX RECOMMENDATION **TOKO**[®]

Biathlon Regional Cup 1

Craftsbury Outdoor Center, Craftsbury Common, VT

Saturday, December 11

2 P.M.

6K/3K, Freestyle

Interval start, 2 laps

<http://www.craftsbury.com>

Forecast/Conditions: Overnight low of 29, temperature at start 45. Manmade snow, PistenBully groomed. Rain with a high near 49, chance of precipitation is 90 percent.

Glidewax: Apply High Performance Red Hot Wax, scrape and brush. Spray on High Performance Yellow Liquid Paraffin, let stand overnight, then polish with the Polishing Brush Liquid Paraffin. If you do not have LP spray, after scraping and brushing BP Red Hot Wax, apply HP Yellow Hot Wax, scrape and brush.

Gripwax: N/A

Structure: A Wet structure covered by one pass with the Yellow Structurite tool after scraping and brushing HP Hot Wax or before spraying HP LP will best suit these conditions.

Created by Stuart Kremzner, Toko Tech Team member since 2005.

Check the [Wax Tips](#) page at TokoUS.com before all of your races for the latest waxing information. Toko Race Wax Tips offer racers precise waxing advice on how to make skis perform optimally for a given event. If you do not have High Performance wax, substitute Performance or Base Performance wax of the same color (Yellow, Red or Blue), as the temperature ranges are the same. All Race Wax Tips recommend ONLY fluorine-free products. Older HP or P Toko waxes (Liquid or Hot Wax) contain fluorine. New labels look very similar but all say PFC Free. To see optimal application procedures for both Glidewax and Gripwax, go to the [How To](#) link at TokoUS.com.

Racing - Service