

WAX RECOMMENDATION



Hayward Lions Pre-Birkie - Updated!

Birkie Ridge Trailhead, Seeley, WI

Saturday, March 6

9:30 A.M. Men, 9:35 A.M. Women, 42K Skate

9:40 A.M. Men/Women, 42K Classic

10 A.M. Men, 10:05 A.M. Women, 26K Skate

10:10 A.M. Men/Women, 26K Classic

www.prebirkie.com

Forecast/Conditions: Overnight low of 16, temperature at start 25. Snow is wet. Expect a high of 42 by the mid-afternoon for later starters.

Glidewax: Apply Base Performance Blue Hot Wax, scrape and brush. Add a second layer of Base Performance Blue Hot Wax, sprinkle on X-Cold powder, iron in together, scrape and brush. Then spray on Base Performance Yellow Liquid Paraffin, let stand overnight, then polish with the Polishing Pad for Liquid Paraffin. If you do not have LP spray, after scraping and brushing BP Blue Hot Wax and Blue/X-cold layers, again apply BP Blue Hot Wax (BP Yellow Hot Wax for those anticipating being on course at noon or later), then scrape and brush.

Gripwax: Roughen base with 150 grit sandpaper, iron in thin layer of Nordic Base Klister Green, cork smooth, let cool. Apply Klister Yellow (tube), then spray on Nordic GripSpray Base Green. Mix with heel of hand until smooth.

Structure: One pass with the Red Structurite tool after scraping and brushing the final Hot Wax layer or before spraying BP Liquid will best suit these conditions.

Created by John Bauer, Toko Tech Team member since 1996.

Check the [Wax Tips](#) page at TokoUS.com before all of your races for the latest waxing information. Toko Race Wax Tips offer racers precise waxing advice on how to make skis perform optimally for a given event. If an event allows fluorinated waxes and you choose to use them, use High Performance or Performance (Liquid Paraffin or Hot Wax) of the same color (Yellow, Red or Blue), as the temperature ranges are the same. To see optimal application procedures for both Glidewax and Gripwax, go to the [How To](#) link at TokoUS.com.

Racing - Service