

# WAX RECOMMENDATION

# TOKO<sup>®</sup>

## Minnesota High School Championship - Girls

Giants Ridge, Biwabik, MN

Thursday, March 11

1 P.M. Classic, Interval start

2:20 P.M. Skate, Pursuit start

All races are 4K

<https://www.mshsl.org>

**Forecast/Conditions:** Overnight low of 22 with a 90 percent chance of snow, dropping to 70 percent until 10 A.M. Thursday morning and 50 percent during the races. Race temperature around 35, partly sunny. Ground temperature in the low to mid-20s as snow falls and it will be windy during the snowfall. Expect a well-maintained course but with transformed dirty snow in the open areas, new snow in the woods and wind-blown snow in the transition areas.

**Glidewax:** Apply Base Performance Red Hot Wax, sprinkle on X-Cold powder, iron in together, scrape and brush. Spray on Base Performance Red Liquid Paraffin, let stand overnight, then polish with the Polishing Brush Liquid Paraffin. If you do not have LP spray, apply a layer of Base Performance Blue Hot Wax before the Red/X-Cold combo. X-Cold is added to combat both wind-blown and dirty snow.

**Gripwax:** Roughen base with 150 grit sandpaper, iron in Nordic Base Wax Green, cork smooth, let cool. Then apply alternating layers of Nordic GripWax Red and GripWax Yellow, corking between layers. First and final layers should be Red.

**Structure:** A universal structure covered by one pass with the Blue Structurite tool after scraping and brushing the final BP Hot Wax or before spraying BP Liquid will best suit these conditions.

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Check the [Wax Tips](#) page at [TokoUS.com](http://TokoUS.com) before all of your races for the latest waxing information. Toko Race Wax Tips offer racers precise waxing advice on how to make skis perform optimally for a given event. If an event allows fluorinated waxes and you choose to use them, use High Performance or Performance (Liquid Paraffin or Hot Wax) of the same color (Yellow, Red or Blue), as the temperature ranges are the same. To see optimal application procedures for both Glidewax and Gripwax, go to the [How To](#) link at [TokoUS.com](http://TokoUS.com).

# Racing - Service