

WAX RECOMMENDATION



Criss Cross Grinder

Chickadee Trailhead, Winthrop, WA

Monday, March 8, through Sunday, March 14

Self-scheduled event, Last 3 days

Wax tip for March 12-14, assumes an 8 A.M. start

4.6K and 1.7K, Classic technique

<http://www.methowvalleynordic.com>

Forecast/Conditions: Transformed and firm, 33" snowpack groomed daily by PistenBully. Clear nights and sunny days predicted until Saturday night, changing to a 30 percent chance of minor precipitation Sunday. Nightly lows of 20, 25, and 28 for Thursday through Saturday with daily highs of 42 to 44 during the three days.

Glidewax: Apply Base Performance Blue Hot Wax, scrape and brush. Spray on Base Performance Red Liquid Paraffin, let stand overnight or longer, then polish with the Polishing Brush Liquid Paraffin. If you do not have LP spray, after scraping and brushing BP Blue Hot Wax, apply BP Red Hot Wax, scrape and brush. For Sunday it might be advisable to use Yellow Spray over Red Hot Wax.

Gripwax: Roughen base with 150 grit sandpaper, iron in a thin layer of Nordic Base Klister Green, cork smooth, let cool and cover with Nordic Klister Red. Cork smooth and let cool before skiing.

Structure: A universal structure covered by one pass with the Red Structurite tool after scraping and brushing the final Hot Wax or before spraying BP Liquid will best suit these conditions. Use the Yellow Structurite tool on Sunday.

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Check the [Wax Tips](#) page at TokoUS.com before all of your races for the latest waxing information. Toko Race Wax Tips offer racers precise waxing advice on how to make skis perform optimally for a given event. If an event allows fluorinated waxes and you choose to use them, use High Performance or Performance (Liquid Paraffin or Hot Wax) of the same color (Yellow, Red or Blue), as the temperature ranges are the same. To see optimal application procedures for both Glidewax and Gripwax, go to the [How To](#) link at TokoUS.com.