

Vasaloppet Nordic Trails, Mora, MN Sunday, February 21 8:20 A.M. 41K Classic, 8:30 A.M. 21K Classic 12:20 P.M. 14K Classic Start anytime in your assigned period

Two loop course

https://vasaloppet.us

Forecast/Conditions: Overnight low of 10 rising to 17 for the A.M. race and 27 for the P.M. race. Snowfall from earlier in the week will be mixed in with manmade snow. Slight wind and partly sunny skies. Expect the course to be in excellent shape.

Glidewax: Apply Base Performance Blue Hot Wax, iron, let cool, scrape and brush. Spray on Base Performance Red Liquid Paraffin, let stand overnight, then polish with the Yellow Liquid Paraffin Polishing Brush. If you do not have LP spray, apply a 1:1 mixture of BP Blue Hot Wax and BP Red Hot Wax (BP Red only for the P.M. race), iron, let cool, scrape and brush.

Gripwax: Roughen base with 150 grit sandpaper, iron in Nordic Base Wax Green, cork smooth, let cool. Then apply several layers of Nordic GripWax Red, corking between layers. The A.M. racers should finish with layers of Nordic GripWax Blue.

**Structure:** A fine structure covered by one pass with the Red Structurite tool followed by a single pass of the Blue Structurite tool after scraping and brushing the final BP Hot Wax layer or before spraying BP Liquid will best suit these conditions.

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Check the Wax Tips page at TokoUS.com before all of your races for the latest waxing information. Toko Race Wax Tips offer racers precise waxing advice on how to make skis perform optimally for a given event. If an event allows fluorinated waxes and you choose to use them, use High Performance or Performance (Liquid Paraffin or Hot Wax) of the same color (Yellow, Red or Blue), as the temperature ranges are the same. To see optimal application procedures for both Glidewax and Gripwax, go to the How To link at TokoUS.com.

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