

# WAX RECOMMENDATION



## Woodstock Vermont Cup

Woodstock Touring Center, Woodstock VT

Saturday, February 6

10 A.M. U16 Girls 5K, 10:45 A.M. U16 Boys 5K,

Noon Women 10K, 2 P.M. Men 15K

Classic

Interval start, 5K loop

[www.woodstockinn.com/do/things-to-do/woodstock-nordic-center](http://www.woodstockinn.com/do/things-to-do/woodstock-nordic-center)

**Forecast/Conditions:** Overnight low 20, temperature rising through the 20s during the day, partly cloudy. A couple of inches of new powder snow on Friday over a powder base.

**Glidewax:** Apply Base Performance Blue Hot Wax, scrape and brush. Spray on Base Performance Red Liquid Paraffin, let stand overnight, then polish with the Polishing Brush Liquid Paraffin. If you do not have LP spray, after scraping and brushing BP Blue Hot Wax, apply BP Red Hot Wax, scrape and brush.

**Gripwax:** Roughen base with 150 grit sandpaper, iron in Nordic Base Wax Green, cork smooth, let cool. Then apply 3 layers of Nordic GripWax Red, corking between layers.

**Structure:** A fine structure covered by one pass with the Blue Structurite tool after scraping and brushing the final BP Hot Wax or before spraying BP Liquid will best suit these conditions.

Created by Rob Bradlee, Toko Tech Team member since 1999.

Check the [Wax Tips](#) page at [TokoUS.com](http://TokoUS.com) before all of your races for the latest waxing information. Toko Race Wax Tips offer racers precise waxing advice on how to make skis perform optimally for a given event. If an event allows fluorinated waxes and you choose to use them, use High Performance or Performance (Liquid Paraffin or Hot Wax) of the same color (Yellow, Red or Blue), as the temperature ranges are the same. To see optimal application procedures for both Glidewax and Gripwax, go to the [How To](#) link at [TokoUS.com](http://TokoUS.com).

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