

# WAX RECOMMENDATION



## BMT Sun Valley Nordic

Sun Valley Nordic Center, Sun Valley, ID

This is a self-scheduled event February 1-7 on a course of your choosing. This wax tip is for Sun Valley Nordic, Thursday, Friday, Saturday and Sunday, February 4-7

Tip assumes a 10 A.M. start

30K or 15K, Freestyle or Classic

**Forecast/Conditions:** Overnight lows 5-11 degrees, morning start temperatures in the lower 20s with daytime highs near 30 degrees. Fresh groomed snow with sunny skies. Much of this course stays cold due to being in canyon shadows

**Glidewax:** Apply Base Performance Blue Hot Wax, scrape and brush. Spray on Base Performance Blue Liquid Paraffin, let stand overnight, then polish with the Polishing Brush Liquid Paraffin. If you do not have LP spray, after scraping and brushing BP Blue Hot Wax, apply an additional layer of BP Blue Hot Wax, scrape and brush.

**Gripwax:** Roughen base with 150 grit sandpaper, iron in Nordic Base Wax Green, cork smooth, let cool. Then apply 4-6 thin layers of Nordic GripWax Blue depending on distance, corking between layers.

**Structure:** A fine structure covered by one pass with the Blue Structurite tool after scraping and brushing the final BP Hot Wax or before spraying BP Liquid will best suit these conditions.

Racing - Service

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Check the [Wax Tips](#) page at [TokoUS.com](#) before all of your races for the latest waxing information. Toko Race Wax Tips offer racers precise waxing advice on how to make skis perform optimally for a given event. If an event allows fluorinated waxes and you choose to use them, use High Performance or Performance (Liquid Paraffin or Hot Wax) of the same color (Yellow, Red or Blue), as the temperature ranges are the same. To see optimal application procedures for both Glidewax and Gripwax, go to the [How To](#) link at [TokoUS.com](#).