

Kincaid Freestyle

Kincaid Park, Anchorage, AK Sunday, February 14 Noon 10K, 5K, 3K, Freestyle Interval start Two laps or one lap, depending on distance www.anchoragenordicski.com/amh-anchorage-cup-series/

Forecast/Conditions: Saturday night low 5F to 15 above. Sunday partly cloudy, high in the 20s. A few inches fell on Tuesday but no new snow in the forecast. There is a good base and the course should be in excellent condition.

Glidewax: Apply Base Performance Blue Hot Wax, scrape and brush. Spray on Base Performance Blue Liquid Paraffin, let stand overnight, then polish with the Polishing Brush Liquid Paraffin. If you do not have LP spray, after scraping and brushing BP Blue Hot Wax, apply an additional layer of BP Blue Hot Wax, scrape and brush.

Structure: A fine universal structure covered by two passes with the Blue Structurite tool after scraping and brushing the final BP Hot Wax or before spraying BP Liquid will best suit these conditions.

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Created by Patrick McGownd, Toko Tech Team member since 2000.

Check the Wax Tips page at TokoUS.com before all of your races for the latest waxing information. Toko Race Wax Tips offer racers precise waxing advice on how to make skis perform optimally for a given event. If an event allows fluorinated waxes and you choose to use them, use High Performance or Performance (Liquid Paraffin or Hot Wax) of the same color (Yellow, Red or Blue), as the temperature ranges are the same. To see optimal application procedures for both Glidewax and Gripwax, go to the How To link at TokoUS.com.