

WAX RECOMMENDATION



Bitterbrush Barnsley Burner

Winthrop Town Trailhead, Winthrop, WA

Saturday, February 27 and Sunday, February 28

Self-timed event, Final two days

Wax tip for Feb. 27/28, assumes an 8 A.M. start

4.5K and 2K, Classic technique

<http://www.methowvalleynordic.com>

Forecast/Conditions: A 44" fully transformed snowpack groomed daily by PistenBully exists. Overnight low expected of 18 Friday night and 20 Saturday night with a daytime high of 38 Saturday under sunny skies. Cloudy skies and a high Sunday of 40 should make one consider getting up early. Tracks lining up with the sun will warm quickly.

Glidewax: Apply Base Performance Blue Hot Wax, scrape and brush. Spray on Base Performance Red Liquid Paraffin, let stand overnight or longer, then polish with the Polishing Brush Liquid Paraffin. If you do not have LP spray, apply BP Blue/BP Red Hot Wax mixed 1:1, scrape and brush.

Gripwax: Even though a strong double poler should set the fastest time on skate skis, those wishing to kick up the hills should roughen base with 150 grit sandpaper, iron or spray a thin layer of Nordic Base Klister Green, cork smooth, let cool, and cover with Nordic Klister Blue. Cork smooth and let cool before skiing.

Structure: A universal structure covered by one pass with the Red Structurite tool after scraping and brushing the final Hot Wax or before spraying BP Liquid will best suit these conditions.

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Check the [Wax Tips](#) page at TokoUS.com before all of your races for the latest waxing information. Toko Race Wax Tips offer racers precise waxing advice on how to make skis perform optimally for a given event. If an event allows fluorinated waxes and you choose to use them, use High Performance or Performance (Liquid Paraffin or Hot Wax) of the same color (Yellow, Red or Blue), as the temperature ranges are the same. To see optimal application procedures for both Glidewax and Gripwax, go to the [How To](#) link at TokoUS.com.

Racing - Service