

WAX RECOMMENDATION



Mount Spokane Birkebeiner virtual event

Mount Spokane XC Park, Mead, WA

Saturday, February 27 and Sunday, February 28

Self-timed event, Final two days

Wax tip for Feb. 27/28, assumes an 8 A.M. start

43K, 26K, 14K, Skate or Classic technique

<http://www.spokanenordic.org/american-birkebeiner>

Forecast/Conditions: A week of high winds combined with Thursday's snowfall should allow the groomer to have better grooming conditions for the weekend as the storm peters out. Friday night low of 17 rising to a high of 31 Saturday under sunny skies. Saturday night low of 19 rising to 32 on Sunday with some clouds.

Glidewax: Apply Base Performance Blue Hot Wax, scrape and brush. Spray on Base Performance Red Liquid Paraffin, let stand overnight or longer, then polish with the Polishing Brush Liquid Paraffin. If you do not have LP spray, after scraping and brushing BP Blue Hot Wax, apply BP Red Hot Wax, scrape and brush.

Gripwax: Roughen base with 150 grit sandpaper, iron in a thin layer of Nordic Base Wax Green, cork smooth, let cool, Cover with 2 layers of Nordic GripWax Red, then a final 2 layers of GripWax Blue. Cork smooth and let cool.

Structure: A fine structure covered by one pass with the Red Structurite tool followed by the Blue Structurite tool after scraping and brushing the final Hot Wax or before spraying BP Liquid will best suit these conditions.

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Check the [Wax Tips](#) page at TokoUS.com before all of your races for the latest waxing information. Toko Race Wax Tips offer racers precise waxing advice on how to make skis perform optimally for a given event. If an event allows fluorinated waxes and you choose to use them, use High Performance or Performance (Liquid Paraffin or Hot Wax) of the same color (Yellow, Red or Blue), as the temperature ranges are the same. To see optimal application procedures for both Glidewax and Gripwax, go to the [How To](#) link at TokoUS.com.

Racing - Service