

WAX RECOMMENDATION

TOKO[®]

Mount Spokane Birkebeiner virtual event

Mount Spokane XC Park, Mead, WA

Wednesday, February 24 to Sunday, February 28

Self-scheduled timed event, Opening days (See website)

Wax tip for Feb. 24-26, assumes a 9 A.M. start

43K, 26K, 14K, Skate or Classic technique

<http://www.spokanenordic.org/american-birkebeiner>

Forecast/Conditions: Strong winds, warmer temperatures and minor snowfall in the days leading up to this event. A a 60" snowpack groomed daily during the event by PistenBully. Conditions could be a bit abrasive from wind and debris. Tuesday night low of 19, Wednesday night 21 and Thursday night 24. High of 30 each day predicted with minor snowfall expected, highest likelihood on Thursday, at 70 percent chance.

Glidewax: Apply Base Performance Blue Hot Wax, scrape and brush.

Spray on Base Performance Red Liquid Paraffin, let stand overnight or longer, then polish with the Polishing Brush Liquid Paraffin. If you do not have LP spray, after scraping and brushing BP Blue Hot Wax, apply BP Red Hot Wax, scrape and brush.

Gripwax: Roughen base with 150 grit sandpaper, iron in a thin layer of Nordic Base Wax Green, cork smooth, let cool. Cover with Nordic GripWax Red, most likely. Cork smooth and let cool before skiing. If no significant snowfall occurs before race day, it may be necessary to apply four alternating layers of Base Wax Green and GripWax Red, finishing with a layer of GripWax Blue.

Structure: A fine or universal structure covered by one pass with the Red Structurite tool after scraping and brushing the final Hot Wax or before spraying BP Liquid will best suit these conditions.

Created by David Ford, Toko Tech Team member since 2003. dave@TokoUS.com

Check the [Wax Tips](#) page at TokoUS.com before all of your races for the latest waxing information. Toko Race Wax Tips offer racers precise waxing advice on how to make skis perform optimally for a given event. If an event allows fluorinated waxes and you choose to use them, use High Performance or Performance (Liquid Paraffin or Hot Wax) of the same color (Yellow, Red or Blue), as the temperature ranges are the same. To see optimal application procedures for both Glidewax and Gripwax, go to the [How To](#) link at TokoUS.com.

Racing - Service