

WAX RECOMMENDATION TOKO[®]

Bee in the Saddle

Chickadee Trail Head, Winthrop, WA

February 22 through February 28

Self timed Virtual Event Opening Days

Wax tip for February 22 and 23, assumes 8 A.M. start

5K, Classic Technique NEW RACE

<http://www.methowvalleynordic.com>

Forecast/Conditions: A 44", daily groomed by PistenBully, partially transformed snowpack exists going in to this 7 day virtual event.

Conditions are rapidly changing during the opening days with strong winds to 30 MPH and rapid warming to 43 predicted Monday making fast race times unlikely. Temperatures are predicted to drop down substantially Tuesday night making fast conditions more likely from Wednesday on.

Glidewax: Apply Base Performance Red Hot Wax, scrape and brush. Spray on Base Performance Yellow Liquid Paraffin, let stand overnight or longer, then polish with the Polishing Brush Liquid Paraffin. If you do not have LP spray, apply BP Yellow Hot Wax, scrape and brush.

Gripwax: Fastest times will most likely be recorded double poling on skate skis. If you are not so inclined, Roughen base with 150 grit sandpaper, iron in a thin layer of Nordic Base Klister Green, cork smooth, let cool and cover with Nordic Klister Red. Cork smooth and let cool before skiing. Backup skis could be a race-ready mechanical grip pair if windblown debris is a major problem post-grooming.

Structure: A universal structure covered by one pass with the Red Structurite tool after scraping and brushing the final Hot Wax or before spraying BP Liquid will best suit these conditions.

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Check the [Wax Tips](#) page at TokoUS.com before all of your races for the latest waxing information. Toko Race Wax Tips offer racers precise waxing advice on how to make skis perform optimally for a given event. If an event allows fluorinated waxes and you choose to use them, use High Performance or Performance (Liquid Paraffin or Hot Wax) of the same color (Yellow, Red or Blue), as the temperature ranges are the same. To see optimal application procedures for both Glidewax and Gripwax, go to the [How To](#) link at TokoUS.com.

Racing - Service