



WAX RECOMMENDATION

American Birkebeiner Friday early

Birkebeiner Trails, Cable, WI

Friday, February 26

Classic, Starters before 9:45 A.M.

43K Birkebeiner, 26K Kortelopet & 14K Prince Haakon

[Link to Birkie Wave Start Details](#)

Forecast/Conditions: Partly cloudy skies Thursday night will see the overnight temperature drop to around 20. Mostly cloudy skies Friday will see the temperature quickly rise to mid-30s by late afternoon, with a south wind. Expect clean, firm, machine-groomed tracks that will break down as the temperature rises.

Glidewax: Apply Base Performance Blue Hot Wax, scrape and brush. Spray on Base Performance Red Liquid Paraffin, let stand overnight, then polish with the Polishing Brush Liquid Paraffin. If you do not have LP spray, after scraping and brushing BP Blue Hot Wax, apply BP Red Hot Wax, scrape and brush.

Gripwax: Roughen base with 150 grit sandpaper, iron in Nordic Base Wax Green, cork smooth, let cool. Then apply 1 layer of Nordic GripWax Red, corking smooth. Then cover with 2 layers of GripWax Yellow, corking between layers. Cover with a final layer of GripWax Red, corking smooth. If using skin skis, treat skins with Eco Skin Proof. For best performance, apply Eco Skin Proof the day before the event.

Structure: A universal structure covered by one pass with the Red Structurite tool after scraping and brushing the final BP Hot Wax or before spraying BP Liquid will best suit these conditions.

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Check the [Wax Tips](#) page at [TokoUS.com](#) before all of your races for the latest waxing information. Toko Race Wax Tips offer racers precise waxing advice on how to make skis perform optimally for a given event. If an event allows fluorinated waxes and you choose to use them, use High Performance or Performance (Liquid Paraffin or Hot Wax) of the same color (Yellow, Red or Blue), as the temperature ranges are the same. To see optimal application procedures for both Glidewax and Gripwax, go to the [How To](#) link at [TokoUS.com](#).

Racing - Service