

# WAX RECOMMENDATION

# TOKO<sup>®</sup>

## Vermont Cup 2 Prospect Mountain Distance

Prospect Mountain, Woodford, VT

Sunday, January 24

10 A.M.

5K/10K, Classic

Interval start

<https://nensa.net/eastern-cup/eastern-cup-2/>

**Forecast/Conditions:** Overnight low 2F, temperature at start 8F warming up to 15, mostly cloudy with a chance of sun. Fresh natural snow on top of transformed snow, PistenBully groomed.

**Glidewax:** Apply Base Performance Blue Hot Wax, scrape and brush. Spray on Base Performance Blue Liquid Paraffin, let stand overnight, then polish with the Polishing Brush Liquid Paraffin. If you do not have BP spray, after scraping and brushing BP Blue Hot Wax, apply second BP Blue Hot Wax layer, scrape and brush.

**Gripwax:** Roughen base with 150 grit sandpaper, iron in Nordic Base Wax Green, cork smooth, let cool. Then apply a thin layer of GripWax X-Cold, cork smooth, let cool. Finish by covering with several thin layers of GripWax Blue, corking each layer lightly.

**Structure:** A universal structure covered by one pass with the Blue Structurite tool after scraping and brushing the final BP Hot Wax or before spraying BP Liquid will best suit these conditions.

Created by Ben Lustgarten, Toko Tech Team member since 2020.

Check the [Wax Tips](#) page at [TokoUS.com](https://TokoUS.com) before all of your races for the latest waxing information. Toko Race Wax Tips offer racers precise waxing advice on how to make skis perform optimally for a given event. If an event allows fluorinated waxes and you choose to use them, use High Performance or Performance (Liquid Paraffin or Hot Wax) of the same color (Yellow, Red or Blue), as the temperature ranges are the same. To see optimal application procedures for both Glidewax and Gripwax, go to the [How To](#) link at [TokoUS.com](https://TokoUS.com).

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