

# WAX RECOMMENDATION



## Race of the Methow JNQ

Liberty Bell High School, Winthrop, WA

Saturday, January 30

Noon to 3 P.M. Individual Starts

1K, 1.5K, 2.5K, 3K

Freestyle technique

<http://www.methowvalleynordic.com> for details

**Forecast/Conditions:** PistenBully groomed, clean, mostly transformed snowpack with a recent addition of at least 6" of new snow midweek. Friday night low of 22 with a 20 percent chance of snow continuing through race time. Snow temperature at race time should be 27-30.

**Glidewax:** Apply Base Performance Red Hot Wax, scrape and brush. Spray on Base Performance Yellow Liquid Paraffin, let stand overnight or longer, then polish with the Polishing Brush Liquid Paraffin. If you do not have LP spray, apply BP Red Hot Wax/BP Yellow Hot Wax mixed 1:1, scrape and brush.

**Gripwax:** NA

**Structure:** A universal structure covered by one pass with the Red Structurite tool after scraping and brushing the final Hot Wax or before spraying BP Liquid will best suit these conditions.

**Racing - Service**

Created by David Ford, Toko Tech Team member since 2003. [dave@TokoUS.com](mailto:dave@TokoUS.com)

Check the [Wax Tips](#) page at [TokoUS.com](http://TokoUS.com) before all of your races for the latest waxing information. Toko Race Wax Tips offer racers precise waxing advice on how to make skis perform optimally for a given event. If an event allows fluorinated waxes and you choose to use them, use High Performance or Performance (Liquid Paraffin or Hot Wax) of the same color (Yellow, Red or Blue), as the temperature ranges are the same. To see optimal application procedures for both Glidewax and Gripwax, go to the [How To](#) link at [TokoUS.com](http://TokoUS.com).