

WAX RECOMMENDATION



Gitchi Gami Games Classic

American Birkebeiner Trailhead, Cable, WI

Saturday, January 16

11 A.M. 5K U16, 12:30 P.M. 10K FU18/FU20/FSr

1:30 P.M. 15K MU23/MSr, 2 P.M. 10K MU18/MU20

All Classic, Interval start

1-3 laps of 5K course

[Event Website](#)

Forecast/Conditions: Friday night a 40 percent chance of snow. Cloudy, with a low around 22. North wind 5 to 10 mph. Saturday a 20 percent chance of snow with race temperatures 25-27. North wind around 5 mph. Expect a mixture of fresh powder and artificial snow on portions of course and fresh snow on others.

Glidewax: Apply Base Performance Blue Hot Wax, scrape and brush. Spray on Base Performance Red and Yellow Liquid Paraffin mixed 1:1, let stand overnight, then polish with the Polishing Brush Liquid Paraffin. If you do not have LP spray, after scraping and brushing BP Blue Hot Wax, apply BP Red and Yellow Hot Wax mixed 1:1, scrape and brush.

Gripwax: Roughen base with 150 grit sandpaper, iron in Nordic Base Wax Green, cork smooth, let cool. Then apply alternating layers of Nordic GripWax Red and Base Wax Green, corking between layers. Final layer should be Red.

Structure: A universal grind covered by one pass with the Red Structurite tool after scraping and brushing the final BP Hot Wax layer or before spraying on the BP Liquid will best suit these conditions.

Created by M. Young, Toko Tech Team member since 2005. mikey@TokoUS.com

Check the [Wax Tips](#) page at [TokoUS.com](#) before all of your races for the latest waxing information. Toko Race Wax Tips offer racers precise waxing advice on how to make skis perform optimally for a given event. If an event allows fluorinated waxes and you choose to use them, use High Performance or Performance (Liquid Paraffin or Hot Wax) of the same color (Yellow, Red or Blue), as the temperature ranges are the same. To see optimal application procedures for both Glidewax and Gripwax, go to the [How To](#) link at [TokoUS.com](#).

Racing - Service