

## Michael Seaman Memorial Classic

Forbush Corner, Frederic, MI Saturday, January 30 10 A.M. 13K/8K Sr/Jr, Classic, Wave starts No day of race registration! http://nordicskiracer.com/event-details.asp?id=3246

Forecast/Conditions: Friday night partly cloudy, with a low around negative 1F at 6 A.M. Saturday mostly cloudy, 15 at start rising to 20 at finish. Expect packed powder with firm tracks.

Glidewax: Apply Base Performance Blue Hot Wax, scrape and brush. Spray on BP LP Blue, let stand overnight, then polish with the Polishing Brush Liquid Paraffin. If you do not have LP spray, after scraping and brushing BP Blue Hot Wax, apply an additional layer of BP Blue Hot Wax, scrape and brush.

Gripwax: Roughen base with 150 grit sandpaper, iron in Nordic Base Wax Green, cork smooth, let cool. Then apply 3 layers of Nordic GripWax Blue, corking between layers. Cover with 1 layer of Nordic GripWax X-Cold and cork smooth.

Structure: A universal structure covered by one pass with the Blue Structurite tool after scraping and brushing the final Hot Wax or before spraying Liquid will best suit these conditions.

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Check the Wax Tips page at TokoUS.com before all of your races for the latest waxing information. Toko Race Wax Tips offer racers precise waxing advice on how to make skis perform optimally for a given event. If an event allows fluorinated waxes and you choose to use them, use High Performance or Performance (Liquid Paraffin or Hot Wax) of the same color (Yellow, Red or Blue), as the temperature ranges are the same. To see optimal application procedures for both Glidewax and Gripwax, go to the How To link at TokoUS.com.

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