

Kincaid Park, Anchorage, AK Sunday, January 10 Noon 15K, 5K, and 3K, Classic Interval start every 20 seconds

www.anchoragenordicski.com/amh-anchorage-cup-series/

Forecast/Conditions: Saturday cloudy with a chance of snow. High 25 to 35. Saturday night snow likely, low in the 20s, high in the 30s. Sunday high in the 30s and snow likely. No new snow for several weeks so any new snow will be ground up with old, transformed snow. Due to a good base, the course should be in good condition.

Glidewax: Apply Base Performance Blue Hot Wax, scrape and brush. Spray on Base Performance Red Liquid Paraffin, let stand overnight, then polish with the Polishing Brush Liquid Paraffin. If you do not have LP spray, after scraping and brushing BP Blue Hot Wax, apply BP Red Hot Wax, scrape and brush.

Gripwax: Roughen base with 150 grit sandpaper, iron in Nordic Base Wax Green, cork smooth, let cool. Then apply 2 thin layers of Nordic GripWax Red, corking between layers. For more kick apply a thin layer or two of Nordic GripWax Yellow.

Structure: A universal structure covered by one pass with the Red Structurite tool after scraping and brushing the final BP Hot Wax or before spraying BP Liquid will best suit these conditions.

Created by Patrick McGownd, Toko Tech Team member since 2000.

Check the Wax Tips page at TokoUS.com before all of your races for the latest waxing information. Toko Race Wax Tips offer racers precise waxing advice on how to make skis perform optimally for a given event. If an event allows fluorinated waxes and you choose to use them, use High Performance or Performance (Liquid Paraffin or Hot Wax) of the same color (Yellow, Red or Blue), as the temperature ranges are the same. To see optimal application procedures for both Glidewax and Gripwax, go to the How To link at TokoUS.com.

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