

WAX RECOMMENDATION

TOKO[®]

Harry Eldridge NYSEF JNQ

Mt. Van Hoevenberg, Lake Placid, NY

Saturday, January 9

10 A.M.

5K - 10K, Classic technique

Interval start

Multiple laps

<https://www.skireg.com/harry-eldridge-nysef-jnq#Notes>

Forecast/Conditions: Overnight low 12, temperature at start 19. Manmade snow, PistenBully groomed. Slight cloud cover, no new precipitation expected.

Glidewax: Apply Base Performance Blue Hot Wax, scrape and brush. Spray on Base Performance Liquid Paraffin Red, let stand overnight, then polish with the Polishing Brush Liquid Paraffin. If you do not have LP spray, after scraping and brushing BP Blue Hot Wax, apply BP Red Hot Wax, scrape and brush.

Gripwax: Roughen base with 150 grit sandpaper, iron in Nordic Base Wax Green, cork smooth, let cool. Then apply 3 layers of Nordic GripWax in this order: Blue, Red, Blue, corking between layers.

Structure: A fine structure covered by one pass with the Blue Structurite tool after scraping and brushing the final BP Hot Wax or before spraying BP Liquid will best suit these conditions.

Racing - Service

Created by Duncan Douglas, Toko Tech Team member. douglas6xc@gmail.com

Check the [Wax Tips](#) page at TokoUS.com before all of your races for the latest waxing information. Toko Race Wax Tips offer racers precise waxing advice on how to make skis perform optimally for a given event. If an event allows fluorinated waxes and you choose to use them, use High Performance or Performance (Liquid Paraffin or Hot Wax) of the same color (Yellow, Red or Blue), as the temperature ranges are the same. To see optimal application procedures for both Glidewax and Gripwax, go to the [How To](#) link at TokoUS.com.