

## Kinross Fort Knox Town Race Series #3 Wedgewood Resort Classic

Birch Hill Rec Area, Fairbanks, AK
Sunday, January 24
Noon
Virtual 25K, Classic race, Mulitple loops
<a href="https://www.nscfairbanks.org/programs/races/town-series/town-series-3/">www.nscfairbanks.org/programs/races/town-series/town-series-3/</a>

Forecast/Conditions: Overnight low around 2F, temperature at start near 15. Well-groomed clean snow. Cloudy, 40 percent chance of new snow on Saturday and Sunday.

<u>Glidewax:</u> Apply Base Performance Blue Hot Wax, scrape and brush. Spray on Base Performance Blue Liquid Paraffin, let stand overnight, then polish with the Polishing Brush Liquid Paraffin. If you do not have LP spray, after scraping and brushing BP Blue Hot Wax, apply BP Red Hot Wax, scrape and brush.

<u>Gripwax:</u> Roughen base with 150 grit sandpaper, iron in Nordic Base Wax Green, cork smooth, let cool. Then apply 3 layers of Nordic GripWax Blue, corking between layers.

<u>Structure</u>: A fine universal stonegrind covered by one light pass with the Red Structurite tool after scraping and brushing the final BP Hot Wax or before spraying BP Liquid will best suit these conditions.

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Check the <u>Wax Tips</u> page at <u>TokoUS.com</u> before all of your races for the latest waxing information. Toko Race Wax Tips offer racers precise waxing advice on how to make skis perform optimally for a given event. If an event allows fluorinated waxes and you choose to use them, use High Performance or Performance (Liquid Paraffin or Hot Wax) of the same color (Yellow, Red or Blue), as the temperature ranges are the same. To see optimal application procedures for both Glidewax and Gripwax, go to the <u>How To</u> link at <u>TokoUS.com</u>.