

# WAX RECOMMENDATION



## Eastern Cup Opener

Quarry Road Trails, Waterville, ME

Sunday, December 20

10 A.M.

5K-10K, Classic

Interval start

2-4 x 2.5K laps

<https://nensa.net/event/quarry-road-eastern-cup-opener/>

**Forecast/Conditions:** Overnight low 16 degrees, temperature at start 24. Mix of manmade and transformed natural snow, PistenBully groomed. Overcast into midday with 40 percent chance of new snow after noon.

**Glidewax:** Apply Base Performance Blue Hot Wax, scrape and brush. Spray on Base Performance Red Liquid Paraffin, let stand overnight, then polish with the Polishing Brush Liquid Paraffin. If you do not have BP spray, after scraping and brushing BP Blue Hot Wax, apply BP Red Hot Wax, scrape and brush.

**Gripwax:** Roughen base with 150 grit sandpaper, iron in Nordic Base Klister Green short (in klister zone), cork smooth, let cool. Then apply a thin layer of Red Klister in klister zone, let cool. Finish by covering with a thin layer of GripWax Blue followed by a thin layer of GripWax Red, corking each layer lightly.

**Structure:** A universal structure covered by one pass with the Red Structurite tool after scraping and brushing BP Hot Wax or before spraying BP LP will best suit these conditions.

Created by Ben Lustgarten, Toko Tech Team member since 2020.

Check the [Wax Tips](#) page at [TokoUS.com](http://TokoUS.com) before all of your races for the latest waxing information. Toko Race Wax Tips offer racers precise waxing advice on how to make skis perform optimally for a given event. If an event allows fluorinated waxes and you choose to use them, use High Performance or Performance (Liquid Paraffin or Hot Wax) of the same color (Yellow, Red or Blue), as the temperature ranges are the same. To see optimal application procedures for both Glidewax and Gripwax, go to the [How To](#) link at [TokoUS.com](http://TokoUS.com).

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