

# WAX RECOMMENDATION



## Betty Woolsey Classic

Trail Creek Ranch, Wilson, WY

Saturday, December 26

10 A.M.

0.5K/3K/5K & 10K, Classic technique

Wave starts

<https://jhsclub.org/event/betty-woolsey-classic-race-0>

**Forecast/Conditions:** Overnight low in the teens, temperature at start in the high teens. Expect fresh, cold snow, slightly abrasive tracks. Work off your Christmas calories on the hilly trail creek course! Remember to test your skis in the woods. Err on the side of more kick to tackle the long climbs.

**Glidewax:** Apply Base Performance Blue Hot Wax, scrape and brush. Spray on Base Performance Blue Liquid Paraffin, let stand overnight, then polish with the Polishing Brush Liquid Paraffin. If you do not have LP spray, apply BP Blue Hot Wax, scrape and brush.

**Gripwax:** Roughen base with 150 grit sandpaper, iron in Nordic Base Wax Green, cork smooth, let cool. Then apply multiple layers of Nordic GripWax Blue, corking between layers.

**Structure:** A fine structure covered by one pass with the Blue Structurite tool after scraping and brushing the final BP Hot Wax or before spraying BP LP will best suit these conditions.

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Check the [Wax Tips](#) page at [TokoUS.com](http://TokoUS.com) before all of your races for the latest waxing information. Toko Race Wax Tips offer racers precise waxing advice on how to make skis perform optimally for a given event. If an event allows fluorinated waxes and you choose to use them, use High Performance or Performance (Liquid Paraffin or Hot Wax) of the same color (Yellow, Red or Blue), as the temperature ranges are the same. To see optimal application procedures for both Glidewax and Gripwax, go to the [How To](#) link at [TokoUS.com](http://TokoUS.com).

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