

NSAA NRL/USSS Solstice Races

Kincaid Park, Anchorage, AK Sunday, December 20 11 A.M. 5K/10K, Free technique 1-2 laps, depending on class, Interval Start https://www.anchoragenordicski.com/besh-cup-series/

Forecast/Conditions: Overnight low around 10F, temperature at start near 15F, lots and lots of fresh, clean snow. Cloudy, 30 percent chance of new snow on Saturday.

Glidewax: Apply Base Performance Blue Hot Wax, scrape and brush. Spray on Base Performance Blue Liquid Paraffin, let stand overnight, then polish with the Polishing Brush Liquid Paraffin. If you do not have LP spray, after scraping and brushing Base Performance Blue Hot Wax, apply Base Performance Blue/Red Hot Wax in a 1:1 ratio because of the fresh snow, scrape and brush.

Gripwax: N/A

Structure: A Fine universal stonegrind covered by one light pass with the Blue Structurite tool after scraping and brushing the final BP Hot Wax or before spraying BP LP will best suit these conditions.

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Check the Wax Tips page at TokoUS.com before all of your races for the latest waxing information. Toko Race Wax Tips offer racers precise waxing advice on how to make skis perform optimally for a given event. If an event allows fluorinated waxes and you choose to use them, use High Performance or Performance (Liquid Paraffin or Hot Wax) of the same color (Yellow, Red or Blue), as the temperature ranges are the same. To see optimal application procedures for both Glidewax and Gripwax, go to the How To link at TokoUS.com.