

# WAX RECOMMENDATION



## AMH Anchorage Cup Race #1: Kincaid Freestyle

Kincaid Park, Anchorage, AK

Sunday, December 13

Noon

10K, 5K, 3K, Free technique

Interval start (1-2 loops)

<https://www.anchoragenordicski.com/amh-anchorage-cup-series/>

Forecast/Conditions: A chance of snow Saturday night. Mostly cloudy, with a low around 13. Sunday should be partly sunny with a high near 22. Clean snow with lower humidity.

Glidewax: Apply Base Performance Blue Hot Wax, scrape and brush. Spray on Base Performance Blue Liquid Paraffin, let stand overnight, then polish with the Yellow Liquid Paraffin Polishing Brush. If you do not have LP spray, after scraping and brushing BP Blue Hot Wax, apply another layer of BP Blue Hot Wax, scrape and brush.

Gripwax: N/A.

Structure: A Fine universal stonegrind covered by one light pass with the Blue Structurite tool after scraping and brushing final BP Hot Wax or before spraying BP LP will best suit these conditions.

**Racing - Service**

Created by Ira Edwards, Toko Tech Team member since 1995. [ira@bluedotdist.com](mailto:ira@bluedotdist.com)

Check the [Wax Tips](#) page at [TokoUS.com](http://TokoUS.com) before all of your races for the latest waxing information. Toko Race Wax Tips offer racers precise waxing advice on how to make skis perform optimally for a given event. If an event allows fluorinated waxes and you choose to use them, use High Performance or Performance (Liquid Paraffin or Hot Wax) of the same color (Yellow, Red or Blue), as the temperature ranges are the same. To see optimal application procedures for both Glidewax and Gripwax, go to the [How To](#) link at [TokoUS.com](http://TokoUS.com).