

WAX RECOMMENDATION



Eph's Challenge Freestyle Race

Prospect Mountain, Woodford VT

Sunday, 8 March

10:00 A.M. Men, 11:00 A.M. Women, 12:00 Noon U16

10K for Men and Women, 5K for U16, Skate

Mass start

5K loop

<http://www.prospectmountain.com>

Forecast/Conditions: Morning low of 15 F. Temps rising to 31 F by first race start and 35 for later starts. Mostly sunny.

Glidewax: Apply Performance Black Hot Wax, scrape and brush, then apply High Performance Red Hot Wax for Men, Yellow for Women, scrape and brush. For HP Liquid Paraffin, apply Performance Blue Hot Wax, scrape and brush, then spray on HP Liquid Red for Men, Yellow for Women, let sit in a warm room for at least one hour (overnight is best), polish with the Polishing Brush Liquid Paraffin.

Gripwax: N/A

Structure: A universal structure covered by one pass with the Red Structurite tool after scraping and brushing HP Hot Wax or before spraying HP LP will best suit these conditions.

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Check the [Wax Tips](#) page at TokoUS.com before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes, skip the High Performance (Liquid Paraffin or Hot Wax) and substitute the Performance or Base Performance wax of the same color (Yellow, Red or Blue). To see optimal application procedures for both Glidewax and Gripwax, go to the [How To](#) link at TokoUS.com.

Racing - Service