

# WAX RECOMMENDATION



## Bretton Woods Marathon - Updated!

Bretton Woods Omni Resort, Bretton Woods NH

Sunday, 8 March

9:30 A.M.

21K and 42K, Classic

Mass start

1 or 2 x 21K loop

<http://www.skimuseum.org>

Forecast/Conditions: Morning low of 15 F. Temps rising to 30 F by race start. Cloudy and windy. Expect fairly icy track conditions.

Glidewax: Apply Performance Black Hot Wax, scrape and brush, then apply High Performance Red Hot Wax, scrape and brush. For HP Liquid Paraffin, apply Performance Blue Hot Wax, scrape and brush, then spray on HP Liquid Red, let sit in a warm room for at least one hour (overnight is best), polish with the Polishing Brush Liquid Paraffin.

Gripwax: Roughen base with 150 grit sandpaper, iron in Nordic Base Klister Green, cork smooth, let cool. Then apply Nordic Klister Red, smooth, let cool and cover lightly with Nordic GripWax Red, carefully and lightly smoothing it out over the Klister.

Structure: A universal structure covered by one pass with the Red Structurite tool after scraping and brushing HP Hot Wax or before spraying HP LP will best suit these conditions.

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Check the [Wax Tips](#) page at [TokoUS.com](http://TokoUS.com) before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes, skip the High Performance (Liquid Paraffin or Hot Wax) and substitute the Performance or Base Performance wax of the same color (Yellow, Red or Blue). To see optimal application procedures for both Glidewax and Gripwax, go to the [How To](#) link at [TokoUS.com](http://TokoUS.com).

Racing - Service