

WAX RECOMMENDATION



46th Annual Mt. Washington Cup Skate Race

Bretton Woods Nordic, Bretton Woods, NH

Saturday, 7 March

10:00 A.M.

10k, Skate

Mass start, 1- 10k lap

<https://www.brettonwoods.com/>

Forecast/Conditions: Overnight low of 10 degrees, Clear.

Temperature at start 15 degrees, Mix of fresh and granular packed snow on trails, PistenBully groomed. Mostly cloudy, chance of snow during race day.

Glidewax: Apply Performance Black Hot Wax, scrape and brush, then apply HP Blue/HP Red Hot Wax mixed 1:1, scrape and brush. For HP Liquid Paraffin, apply Performance Blue Hot Wax, scrape and brush, then spray on HP Liquid Blue, let stand for at least one hour in a warm room (overnight is best), then polish with the Polishing Brush Liquid Paraffin.

Gripwax: N/A

Structure: A Cold grind grind covered by one pass with the Blue Structurite tool after scraping and brushing the HP layer or before spraying on the HP LP will best suit these conditions.

Created by Stuart Kremzner, Toko Tech Team member since 2005.

Check the [Wax Tips](#) page at TokoUS.com before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes, skip the High Performance (Liquid Paraffin or Hot Wax) and substitute the Performance or Base Performance wax of the same color (Yellow, Red or Blue). To see optimal application procedures for both Glidewax and Gripwax, go to the [How To](#) link at TokoUS.com.

Racing - Service