



# WAX RECOMMENDATION

## Intermountain Youth Championships

Little Ski Hill, McCall, ID

Sunday, March 1

9 A.M.

1K/2K/3K, Classic

Mass start

1-2 laps

<http://mccallnordic.com/racing/youth/>

**Forecast/Conditions:** Saturday night low of 20, 25 at start with a high of 34. Sunday will have 50 percent cloud cover, 90 percent humidity and a 30 percent chance of snow. Classic tracks may become glazed during race.

**Glidewax:** IMD Waxing Protocols for all age classes at the Youth Ski Championship: No use of any wax containing fluorocarbons is allowed. Apply Base Performance Yellow Hot Wax, scrape and brush. For BP Liquid Paraffin, apply BP Red Hot Wax, scrape and brush, then spray on BP Liquid Yellow, let sit for at least one hour (overnight is best), polish with the Polishing Brush Liquid Paraffin.

**Gripwax:** Roughen base with 150 grit sandpaper, iron in Nordic Base Wax Green, cork smooth, let cool. Then apply 1 layer of Nordic GripWax Yellow, cork and cover with 1 layer of GripWax Red and lightly cork. Add additional Yellow if track is glazed or more kick is needed. If using skin skis, see our [skin treatment options](#) for best results.

**Structure:** A universal structure covered by one pass with the Red Structurite tool followed by one pass with the Blue Structurite tool after scraping and brushing BP Hot Wax or before spraying BP Liquid will best suit these conditions.

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Check the [Wax Tips](#) page at [TokoUS.com](http://TokoUS.com) before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes, skip the High Performance (Liquid Paraffin or Hot Wax) and substitute the Performance or Base Performance wax of the same color (Yellow, Red or Blue). To see optimal application procedures for both Glidewax and Gripwax, go to the [How To](#) link at [TokoUS.com](http://TokoUS.com).

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