

# WAX RECOMMENDATION



## Chisholm Eastern Cup Freestyle

Black Mountain Nordic Trails, Rumford, ME

Saturday, February 8

10 A.M.

10K/5K, Freestyle

5K lap, Individual start

<https://nensa.net/eastern-cup/eastern-cup-3/>

**Forecast/Conditions:** Overnight low of 11 degrees, mostly cloudy. Temperature at start 15 degrees. Mix of fresh snow and packed granular trails, PistenBully groomed. Mostly sunny at race start.

**Glidewax:** Apply Performance Black Hot Wax, scrape and brush, then apply High Performance Blue Hot Wax/HP Red Hot Wax mixed 1:1, scrape and brush. For HP Liquid Paraffin, apply Performance Blue Hot Wax, scrape and brush, then spray on HP Liquid Blue, let stand for at least one hour in a warm room (overnight is best), then polish with the Polishing Brush Liquid Paraffin.

**Gripwax:** N/A

**Structure:** A Universal grind covered by one pass with the Blue Structurite tool after scraping and brushing the final hot wax layer or before spraying on the Liquid Paraffin will best suit these conditions.

Racing - Service

Created by Stuart Kremzner, Toko Tech Team member since 2005.

Check the [Wax Tips](#) page at [TokoUS.com](http://TokoUS.com) before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes, skip the High Performance (Liquid Paraffin or Hot Wax) and substitute the Performance or Base Performance wax of the same color (Yellow, Red or Blue). To see optimal application procedures for both Glidewax and Gripwax, go to the [How To](#) link at [TokoUS.com](http://TokoUS.com).