

# WAX RECOMMENDATION



## NYSPHSAA Skiing Championships

Bristol Mountain Nordic Center, Canandaigua, NY

Tuesday, February 25

10 A.M.

Relay, Classical technique

One lap

Event website [here](#)

Forecast/Conditions: Overnight low 32, temperature at start 35, natural and manmade snow, transformed and machine groomed. Cloudy skies with a light wind.

Glidewax: Apply Performance Black Hot Wax, scrape and brush, then apply High Performance Yellow Hot Wax, scrape and brush. For HP Liquid Paraffin, apply Performance Red Hot Wax, scrape and brush, then spray on HP Liquid Yellow, let stand for at least one hour in a warm room (overnight is best), then polish with the Polishing Brush Liquid Paraffin.

Gripwax: Roughen base with 150 grit sandpaper, apply a light layer of Nordic Base Klister Green short (in klister zone), smooth and heat, let cool. Then apply a layer of Nordic Klister Yellow, lightly heat and smooth.

Structure: A wet structure covered by one pass with the Yellow Structurite tool after scraping and brushing HP Hot Wax or before spraying HP LP will best suit these conditions.

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Check the [Wax Tips](#) page at [TokoUS.com](http://TokoUS.com) before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes, skip the High Performance (Liquid Paraffin or Hot Wax) and substitute the Performance or Base Performance wax of the same color (Yellow, Red or Blue). To see optimal application procedures for both Glidewax and Gripwax, go to the [How To](#) link at [TokoUS.com](http://TokoUS.com).

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