

WAX RECOMMENDATION



Minnesota State HS League Section 8

Maplelag Resort near Callaway, MN

Tuesday, February 4

10 A.M. Girls, 11 A.M. Boys, Skate

1:30 P.M. Girls, 2:30 P.M. Boys, Classic

5K Skate, Interval start and 5K Classic, Pursuit start

Forecast/Conditions: Overnight low of -1F, with temperatures ranging from 3F to 9F during the races. Expect a course of transformed snow, packed and solid, providing for excellent racing conditions. Partly sunny

Glidewax: Apply Performance Black Hot Wax, scrape and brush, then apply High Performance Blue Hot Wax, sprinkle on X-cold Powder, iron in together, scrape and brush. For HP Liquid Paraffin, apply Performance Blue Hot Wax, sprinkle on X-cold Powder, iron in together, scrape and brush, then spray on HP Liquid Blue, let sit in a warm room for at least one hour (overnight is best), polish with the Polishing Brush Liquid Paraffin.

Gripwax: Roughen base with 150 grit sandpaper, iron in Nordic Base Wax Green, cork smooth, let cool. Then apply additional layers of Nordic GripWax Blue, corking between layers.

Structure: A universal structure covered by one pass with the Blue Structurite tool after scraping and brushing HP Hot Wax or before spraying HP LP will best suit these conditions.

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Check the [Wax Tips](#) page at TokoUS.com before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes, skip the High Performance (Liquid Paraffin or Hot Wax) and substitute the Performance or Base Performance wax of the same color (Yellow, Red or Blue). To see optimal application procedures for both Glidewax and Gripwax, go to the [How To](#) link at TokoUS.com.

Racing - Service