

Trapp's Race to the Cabin

Trapp Family Lodge, Stowe, VT Sunday, March 1 9:30 A.M. 5K Classic, hill climb Mass start http://www.trappfamily.com

Forecast/Conditions: Saturday cloudy with an overnight low of about 6F. Snow temperature at start about 10F. Partly sunny skies. PistenBully groomed track with packed powder snow.

Glidewax: Apply Performance Blue Hot Wax, scrape and brush, then apply High Performance Blue, scrape and brush. For HP Liquid Paraffin, apply Performance Blue Hot Wax, scrape and brush, then spray on HP Liquid Blue, let stand for at least one hour (overnight is best), then polish with the Polishing Brush Liquid Paraffin.

Gripwax: Roughen base with 150 grit sandpaper, iron in Nordic Base Wax Green, cork smooth, let cool. Then apply 3 layers of Nordic GripWax Blue, corking between layers.

Structure: A fine linear grind covered by one pass with the Blue Structurite tool after scraping and brushing the HP layer or before spraying on the HP LP will best suit these conditions.

Created by Dave Boucher, Toko Tech Team member since 1999.

Check the Wax Tips page at TokoUS.com before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes, skip the High Performance (Liquid Paraffin or Hot Wax) and substitute the Performance or Base Performance wax of the same color (Yellow, Red or Blue). To see optimal application procedures for both Glidewax and Gripwax, go to the How To link at TokoUS.com.

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