

WAX RECOMMENDATION



John Roderick Marathon

Black Mountain Nordic Trails, Rumford, ME

Saturday, February 15

9 A.M.

25K-10K, Freestyle

5.3K lap, Mass/Wave start

<http://www.chisholmskiclub.org/index.php>

Forecast/Conditions: Overnight low of - 11 F, mostly clear.

Temperature at start 3 F. Mix of fresh snow and packed granular trails, PistenBully groomed. Mostly sunny at race start.

Glidewax: Apply Performance Blue Hot Wax, scrape and brush, then apply High Performance Blue Hot Wax, sprinkle on X-cold Powder, iron in together, scrape and brush.

Gripwax: N/A

Structure: A cold grind grind covered by one pass with the Blue Structurite after scraping and brushing the HP hot wax layer will best suit these conditions.

Racing - Service

Created by Stuart Kremzner, Toko Tech Team member since 2005.

Check the [Wax Tips](#) page at TokoUS.com before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes, skip the High Performance (Liquid Paraffin or Hot Wax) and substitute the Performance or Base Performance wax of the same color (Yellow, Red or Blue). To see optimal application procedures for both Glidewax and Gripwax, go to the [How To](#) link at TokoUS.com.