

WAX RECOMMENDATION

TOKO[®]

Big Island and Back

Excelsior Beach, Excelsior, MN

Saturday, February 8

2 P.M.

10K, Classic and Skate races

Forecast/Conditions: A 70 percent chance of snow on Thursday though mid-morning on Friday, max 3 inches. Friday overnight low of 11, rising to 20 by the start. The course is being moved to St. Albans Bay. Expect the conditions to be transformed, abrasive, corn snow covering lake ice. Be prepared for changes, like distance and loops. Saturday should be mostly sunny with a slight wind from the south.

Glidewax: Apply Performance Blue Hot Wax, scrape and brush, then apply High Performance Blue Hot Wax, scrape and brush. For HP Liquid Paraffin, apply Performance Blue Hot Wax, scrape and brush, then spray on HP Liquid Blue, let sit in a warm room for at least one hour (overnight is best), polish with the Polishing Brush Liquid Paraffin.

Gripwax: Roughen base with 150 grit sandpaper, iron in Nordic Base Wax Green, cork smooth, let cool. Then apply a thin layer of Nordic Klister Blue, heat, smooth and place outside to cool. After the klister has cooled, cork while outside, firmly gripping the cork and rubbing the cork edge rapidly back-and-forth over the entire length of the klister using little downward pressure. Done properly, the klister will appear glassy smooth. Then apply GripWax Blue (while klister is cold) and lightly cork to spread and even out the Gripwax. The Gripwax and Klister should not mix (you should not see the klister when finished).

Structure: A universal structure covered by one pass with the Blue Structurite tool after scraping and brushing HP Hot Wax or before spraying Liquid Paraffin will best suit these conditions.

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Racing - Service

Check the [Wax Tips](#) page at TokoUS.com before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes, skip the High Performance (Liquid Paraffin or Hot Wax) and substitute the Performance or Base Performance wax of the same color (Yellow, Red or Blue). To see optimal application procedures for both Glidewax and Gripwax, go to the [How To](#) link at TokoUS.com.