

# WAX RECOMMENDATION



## Washington Cup Finals

I-90 Cabin Creek Exit 63, Snoqualmie Pass, WA

Saturday, February 29

10:30 A.M. First Race

0.3K, 0.6K, 1.0K Sprints, Classic technique

Interval start qualifier then King's Court Format

See website for details including NF and LF only waxes

<http://www.wncup.org>

**Forecast/Conditions:** Overnight low of 30 after a few days of mid-40s temperatures making the snow pack partially transformed. If as predicted the 1"-3" of snow happens Friday night followed by the 1"-3" Saturday with the temperature expected to reach 35 by race completion, waxing should be easy but best done on site for kick.

**Glidewax:** Apply Performance Red Hot Wax, scrape and brush, then apply Performance Yellow Hot Wax, scrape and brush.

**Gripwax:** Roughen base with 150 grit sandpaper, apply Nordic GripSpray Base green. Work it in to the sanded base with thumb in the klister zone. Then apply on site 3 layers of Nordic GripWax Yellow, corking smooth, for those wishing to have some kick in a double pole fest. If it does not snow prior to the race, be ready to substitute Yellow klister or mechanical grip skis if tracks glaze quickly.

**Structure:** A wet structure or covering a universal grind with one pass with the Yellow Structurite tool after scraping and brushing the final hot wax layer will best suit these conditions.

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Check the [Wax Tips](#) page at [TokoUS.com](http://TokoUS.com) before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes, skip the Fluorocarbon (JetStream or HelX) and substitute the LF or NF wax of the same color (Yellow, Red or Blue). To see optimal application procedures for both Glidewax and Gripwax, go to the How To link at [TokoUS.com](http://TokoUS.com).

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