

I-90 Cabin Creek Exit 63, Snoqualmie Pass, WA Sunday, March 1 9 A.M. 50K and 10K, Freestyle technique Mass start by distance 50K is 5 laps http://www.kongsbergers.org

Forecast/Conditions: Overnight low of 27 following some new snowfall Saturday. Expect partially transformed and firm conditions that should soften and build up large berms in the corners of later laps. Temperature around 36 by race completion.

Glidewax: Apply Performance Black Hot Wax, scrape and brush, then apply High Performance Yellow Hot Wax, scrape and brush. For HP Liquid Paraffin, apply Performance Red Hot Wax, scrape and brush, then spray on HP Liquid Yellow, let sit in a warm room for at least one hour (overnight is best), polish with the Polishing Brush Liquid Paraffin. Additional topcoats may be applied one hour after spraying and brushing HP LP if desired

Gripwax: NA

Structure: A Wet structure will be good. If you need additional structure, use one pass with the Yellow Structurite tool after scraping and brushing final layer of Hot Wax or before spraying HP LP.

Created by David Ford, Toko Tech Team member since 2003. dave@TokoUS.com

Check the Wax Tips page at TokoUS.com before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes, skip the High Performance (Liquid Paraffin or Hot Wax) and substitute the Performance or Base Performance wax of the same color (Yellow, Red or Blue). To see optimal application procedures for both Glidewax and Gripwax, go to the How To link at TokoUS.com.

