

# WAX RECOMMENDATION



## Washington Nordic Cup Race #4

Plain Valley Ski Trails, Plain, WA

Saturday, February 8

11 A.M. first race

Lollipop through 6K, Freestyle technique

Wave starts

Single lap. See website for details incl NF/LF only.

<http://www.wncup.org>

**Forecast/Conditions:** After a warm and wet week, temperatures are expected to drop with an 80 percent chance of snow Friday night. Overnight low of 30 expected. Temperature expected to reach 37 by completion of heats with a 60 percent chance of moisture falling during the event.

**Glidewax:** Apply Performance Black Hot Wax, scrape and brush, then apply Performance Yellow Hot Wax, scrape and brush. For Base Performance Liquid Paraffin, apply BP Red Hot Wax, scrape and brush, then spray on BP Liquid Yellow, let sit in a warm room for at least one hour (overnight is best), polish with the Polishing Brush Liquid Paraffin.

**Structure:** A wet grind covered by one pass with the Yellow Structurite tool after scraping and brushing Performance Hot Wax or before spraying BP LP will best suit these conditions. Brush or wipe any dirt from bases between heats as needed.

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Check the [Wax Tips](#) page at [TokoUS.com](http://TokoUS.com) before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes, skip the High Performance (Liquid Paraffin or Hot Wax) and substitute the Performance or Base Performance wax of the same color (Yellow, Red or Blue). To see optimal application procedures for both Glidewax and Gripwax, go to the [How To](#) link at [TokoUS.com](http://TokoUS.com).

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