

# WAX RECOMMENDATION



## Son of a Gun Biathlon

McCabe Trails, Winthrop, WA

Sunday, February 9

9 A.M. Zeroing, 10 A.M. Race

7.5K, 5K, 4K, 3K

Modified Pursuit, 10 second interval starts

<http://www.methowvalleynordic.com>

**Forecast/Conditions:** Transformed and firm snowpack with fast conditions anticipated. Overnight low of 19 with a mostly sunny day expected to reach 40 by race completion.

**Glidewax:** Apply Performance Black Hot Wax, scrape and brush, then apply High Performance Red Hot Wax/HP Yellow Hot Wax mixed 1:1, scrape and brush. For HP Liquid Paraffin, apply Performance Red Hot Wax, scrape and brush, then spray on HP Liquid Yellow, let sit in a warm room for at least one hour (overnight is best), polish with the Polishing Brush Liquid Paraffin.

**Gripwax:** NA

**Structure:** A universal structure covered by one pass with the Red Structurite tool after scraping and brushing HP Hot Wax or before spraying Liquid Paraffin will best suit these conditions.

**Racing - Service**

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Check the [Wax Tips](#) page at [TokoUS.com](http://TokoUS.com) before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes, skip the High Performance (Liquid Paraffin or Hot Wax) and substitute the Performance or Base Performance wax of the same color (Yellow, Red or Blue). To see optimal application procedures for both Glidewax and Gripwax, go to the [How To](#) link at [TokoUS.com](http://TokoUS.com).