

WAX RECOMMENDATION



Cupid Cup

Teton Lakes Golf Course, Rexburg, ID

Saturday, February 15

10:30 A.M.

5K/10K, Skate or Classic

Mass start, 1 or 2 laps

<http://rexburgski.blogspot.com/p/cupid-cup-2020.html>

Forecast/Conditions: Friday night low of 18 degrees, 20 at the start with a high of 27. Expect clean and untransformed new snow, 90 percent cloud cover and 90 percent relative humidity. Snowpack has remained cold and somewhat abrasive throughout the week.

Glidewax: Apply Performance Blue Hot Wax, scrape and brush, then apply High Performance Blue Hot Wax/HP Red Hot Wax mixed 1:1, scrape and brush. For HP Liquid Paraffin, apply Performance Blue Hot Wax, scrape and brush, then spray on HP Liquid Blue, let sit for at least one hour (overnight is best), polish with the Polishing Brush Liquid Paraffin.

Gripwax: Roughen base with 150 grit sandpaper, iron in Nordic Base Wax Green, cork smooth, let cool. Then apply one layer of Nordic GripWax Red followed by one layer of GripWax Blue, corking between layers.

Structure: A universal structure covered by one pass with the Blue Structurite tool after scraping and brushing HP Hot Wax or before spraying HP Liquid will best suit these conditions.

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Check the [Wax Tips](#) page at TokoUS.com before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes, skip the High Performance (Liquid Paraffin or Hot Wax) and substitute the Performance or Base Performance wax of the same color (Yellow, Red or Blue). To see optimal application procedures for both Glidewax and Gripwax, go to the [How To](#) link at TokoUS.com.

Racing - Service