

# WAX RECOMMENDATION



## WI HS Nordic Ski League Champs Classic

Birkie Trailhead, Cable, WI

Saturday, February 8

9 A.M. HS Girls, 10 A.M. HS Boys 5K Classic

1 P.M. MS Girls, 1:45 P.M. MS Boys 2.5 K Classic

Interval start

HS 2 laps, MS 1 lap

[Link to event website](#)

**Forecast/Conditions:** Friday night mostly cloudy, with a low around 7F. Saturday mostly cloudy with race temperatures 13-18 for HS and 23 for MS. Expect course composed of semi-transformed natural and artificial snow to be machine worked and firm.

**Glidewax:** Apply Performance Black Hot Wax, scrape and brush, then apply High Performance Blue (HS) or HP Red (MS), scrape and brush. For HP Liquid Paraffin, apply Performance Blue Hot Wax, scrape and brush, then spray on HP Liquid Blue (HS) or Liquid Red (MS), let sit for at least one hour (overnight is best), polish with the Polishing Brush Liquid Paraffin.

**Gripwax:** Roughen base with 150 grit sandpaper, iron in Nordic Base Wax Green, cork smooth, let cool. Then apply 3-4 layers of Nordic GripWax Blue (HS) or Red (MS), corking between layers.

**Structure:** A fine structure covered by one pass with the Blue Structurite tool after scraping and brushing HP Hot Wax or before spraying HP LP will best suit these conditions. For MS race make one pass with the Red Structurite tool covered by one pass with the Blue.

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Check the [Wax Tips](#) page at [TokoUS.com](http://TokoUS.com) before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes, skip the High Performance (Liquid Paraffin or Hot Wax) and substitute the Performance or Base Performance wax of the same color (Yellow, Red or Blue). To see optimal application procedures for both Glidewax and Gripwax, go to the [How To](#) link at [TokoUS.com](http://TokoUS.com).

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