

# WAX RECOMMENDATION



## Lost Nation Cup SuperTour/Eastern Cup

Craftsbury Outdoor Center, Craftsbury, VT

Sunday, January 26

9 A.M.

15K-5K, Classic

Mass start, 5K laps

<https://www.craftsbury.com/ski/races/lost-nation-cup>

**Forecast/Conditions:** Overnight low of 29 degrees with an 80 percent chance of snow. Temperature at start 31 degrees. New snow, packed powder trails, PistenBully groomed. Snowing at race start.

**Glidewax:** Apply Performance Black Hot Wax, scrape and brush, then apply HP Yellow Hot Wax, scrape and brush. For HP Liquid Paraffin, apply Performance Black Hot Wax, scrape and brush, then spray on HP Liquid Yellow, let stand for at least one hour in a warm room (overnight is best), then polish with the Polishing Brush Liquid Paraffin.

**Gripwax:** Roughen base with 150 grit sandpaper, iron in Nordic Base Wax Green, cork smooth, let cool. Then apply 2-3 layers of Nordic GripWax Yellow, corking between layers.

**Structure:** A wet grind covered by one pass with the Yellow Structurite after scraping and brushing the Hot Wax layer or before spraying on the Liquid Paraffin will best suit these conditions.

**Racing - Service**

Created by Stuart Kremzner, Toko Tech Team member since 2005.

Check the [Wax Tips](#) page at [TokoUS.com](http://TokoUS.com) before all of your races for the latest waxing information. The Toko Race Wax Tips offer racers precise waxing advice on how to make your skis perform optimally for a given event. For racers who don't have top end waxes, skip the High Performance (Liquid Paraffin or Hot Wax) and substitute the Performance or Base Performance wax of the same color (Yellow, Red or Blue). To see optimal application procedures for both Glidewax and Gripwax, go to the [How To](#) link at [TokoUS.com](http://TokoUS.com).